# The CMS Hospital Conditions of Participation (CoPs) 2021

Laura A. Dixon, BS, JD, RN, CPHRM, ldesq@comcast.net 303-399-8104

#### Overview

This five-part webinar series will cover the entire CMS Hospital CoP manual. It is a great way to educate everyone in your hospital on all the sections in the CMS hospital manual especially ones that apply to their department. This program will discuss the most problematic standards and how the hospital can do a gap analysis to assist in compliance with the CoPs.

This program will include the 600 pages of final changes in 2020 and where the gaps continue, for example, in the absence of interpretive guidelines and survey procedures. This includes:

The Hospital Improvement Rule
Changes to history and physicals
System wide QAPI and infection control
Autopsy
Discharge planning
Infection control
Antibiotic stewardship
Medical records
Nursing
Outpatient
The role of non-physicians in psychiatric hospitals and more.

The ligature risk and prevention of suicide will be covered which is a hot area of compliance.

Every hospital that accepts payment for Medicare and Medicaid patients must comply with the Centers for Medicare & Medicaid Services Conditions of Participation. This manual has interpretive guidelines that must be followed for all patients treated in the hospital or hospital owned departments. Facilities accredited by the Joint Commission (TJC), HFAP, CIHQ, and DNV GL Healthcare must follow these regulations.

There are sections on medical record services, dietary, utilization review, emergency department, surgical services, anesthesia, PACU, medical staff, nursing services, lab,

outpatient department, rehabilitation, radiology, respiratory, physical environment, pharmacy, infection control, organ and tissue, patient rights and discharge planning. Hospitals should perform a gap analysis to ensure they are compliant with all these interpretive guidelines and assign one person to be responsible for ensuring compliance.

The interpretive guidelines serve as the basis for determining hospital compliance and there have been many changes in the recent years. Many of the new changes from 2020 continue to have interpretive guidelines pending, along with survey procedures. There have been significant changes and many important survey memos issued also. CMS issued the final surveyor worksheets for assessing compliance with the QAPI and discharge planning standards. The worksheets are used by State and Federal surveyors on all survey activities in hospitals when assessing compliance. The Infection Control worksheet, which is an excellent self-assessment tool, will also be covered.

Changes in the recent past were made to the medical staff, board, radiology, nuclear medicine, UR, nursing, pharmacy, dietary and outpatient regulations. There were changes to texting of orders, ligature risks, discharge planning, safe opioid use, IV medication, blood and blood products, safe opioid use, privacy and confidentiality, visitation, informed consent, advance directives, rehab and respiratory orders, radiology, QAPI, texting of orders, preventive maintenance, timing of medication, telemedicine, standing orders, informed consent, plan of care, humidity level, Complaint manual and reporting the accreditation organizations, organ procurement contracts, and adverse event reporting to the QAPI program. There were also a record-breaking number of survey and certification memos issued over the past few years.

### **Continuing Education**

The Kentucky Hospital Research and Education Foundation is an approved Kentucky Board of Nursing continuing education provider. This offering number 5-0023-12-21-192 is approved for 2.0 contact hour(s). Participants must attend the entire session, complete the post-session evaluation, and provide nursing license number in order to receive contact hour and be awarded a certificate. No partial credit will be given. The Kentucky Board of Nursing Approval does not constitute endorsement of program content.

**Part Four of Five:** QAPI, Medical Staff, Dietary, Radiology, Lab, UR, and Facility Services

## Objectives:

- Recall that CMS has patient safety requirements in the QAPI section that are problematic standards
- Describe that CMS requires many radiology policies include one on radiology safety and to make sure all staff are qualified
- Discuss that a hospital can credential the dietician to order a patient's diet if allowed by the state

# Medical Staff, Board, and CEO

- Shared medical staff, board consults at least twice a year, etc.
- MS by-laws
- Changes to MS
- Appraisal of MS
- Accountability of MS for quality of care
- Credentialing and privileging
- CEO requirements
- History and physicals
- Autopsy requirements

# Quality Assessment and Performance Improvement

- PI program requirements
- Final changes
- QAPI worksheet
- · Revised tag numbers
- Tracking of medical errors and adverse events
- Identifying opportunities for improvement
- Patient safety
- QAPI new and revised tag numbers in 2020

# Radiological Services

- Radiation exposure
- Many policies required
- Standard of care
- Adverse reaction to agents
- Secure area for films
- Safety precautions
- Shielding of patients
- Order required
- Supervision of staff
- Signing of radiology reports
- Radiopharmaceuticals on off hours

### Laboratory Services and Look Back Program

- Lab services
- Tissues specimens
- Blood bank
- Look back program
- Fully funded plan
- Separate COVID-19 reporting requirements

### Food and Dietary Services

- Diets and menus
- Changes RD or nutrition specialist to write diet orders
- Patient nutritional needs
- Diet manual and therapeutic menus
- Qualified director required
- Dietary policies required
- Nutritional assessment
- Infection control is important!
- Order required
- Therapeutic diets and nutritional needs

#### **Utilization Review**

- Composition of UR committee
- Admission or continuous stays
- Medicare patient discharge appeal rights
- UR plan
- Scope of reviews
- Notice Law and MOON form

# **Physical Environment**

- Buildings and equipment
- Emergency preparedness moved to new appendix Z
- Compliance with PI
- Life safety code
- Trash
- Emergency preparedness
- Emergency power and lighting
- Emergency gas and water
- Ventilation, light, temperature